

INSPIRED FOOD mint FOR EDUCATION

Breakfast Week 1

	OPTION 1	OPTION 2
MONDAY	Egg and Bacon Muffin	Pancakes and Berries
TUESDAY	Pain au Chocolate	Baked Beans on Toast
WEDNESDAY	Bacon Bap	Cheese on Toast
THURSDAY	Porridge with Sultanas and Honey	Sausage Bap
FRIDAY	Bacon Baked Beans and Scrambled Egg	Croissant with Jam
SATURDAY	In house	In house
SUNDAY	In house	In house

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, and our meat is British Red Tractor accredited wherever possible.



Breakfast Week 2

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	OPTION 1	OPTION 2
MONDAY	Eggy Bread	Bacon Sandwich
TUESDAY	Sausage, Hash Brown & Baked Beans	Croissant with Strawberry Jam
WEDNESDAY	Pancakes with Berries	Sausage Bap
THURSDAY	Pain au Chocolate	Toasted Cheese Sandwich
FRIDAY	Bacon Turnover	Baked Beans On Toast
SATURDAY	In house	In house
SUNDAY	In house	In house

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Breakfast Week 3

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	OPTION 1	OPTION 2
MONDAY	Eggy Bread	Bacon & Baked Beans
TUESDAY	Sausage Sandwich	Porridge with Sultanas and Honey
WEDNESDAY	Bacon & Tomato Turnover	Cheese on Toast
THURSDAY	Sausage Baked Beans & Hashbrown	Croissant with Jam
FRIDAY	Bacon Bap	Potato Waffle & Scrambled Egg
SATURDAY	In house	In house
SUNDAY	In house	In house

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