

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY	CINNAMON PREZETLS	PANCAKE WITH SYRUP	SAUSAGE ROLL	CROISSANT	CHEESE & BACON PUFF
PLANT BASED / VEGETARIAN	CHEESE & TOMATO BAGEL	BEAN AND CHEESE MELT	VEGGIE BREAKFAST BURRITO	MOZZERELLA STICKS	HASH BROWNS
HOT BREADS & SLICES	BACON BAP	CHEESE & BACON PUFF	BREAKFAST WRAP	SAUSAGE BAP	BREAKFAST POTS
ON THE SIDE	WAFFLES TOAST	WAFFLES TOAST	WAFFLES TOAST	WAFFLES TOAST	WAFFLES TOAST
SALADS	SELECTION OF FRUIT & YOGHURT POTS	SELECTION OF FRUIT & YOUGHURT POTS	SELECTION OF FRUIT & YOGHURT POTS	SELECTION OF FRUIT & YOGHURT POTS	SELECTION OF FRUIT & YOGHURT POTS



**Fresh
Fruit**



**Fresh
Smoothie**