

Sexey's School PE Curriculum Map

Year: 7

Topics and links	Autumn Term		Spring Term		Summer Term	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Hockey (G) and Rugby (B)	Netball (G) and Hockey (B)	Rugby and Swimming (G) and Football (B)	Football (G) and Swimming and Basketball (B)	Striking and Fielding (G) and Athletics (B)	Athletics (G) and Striking and Fielding (B)
Co-curricular opportunities and Gatsby (careers) links	Hockey and Rugby Club (6F to assist with club) Badminton Club	Hockey and Rugby Club, Netball shooting club Badminton Club	Netball and Football club Badminton Club	Netball and Football club Badminton Club	Rounders, Cricket and Athletics Club	Rounders, Cricket and Athletics Club
Links with Sexey's Values, our Christian ethos, and spiritual development opportunities	Developing empathy and team work	Showing kindness to each other as the weather gets colder	Show courage by pushing self outside comfort zone.	Show courage by pushing self outside comfort zone.	Show resilience in keeping going when it gets hard.	Show resilience in keeping going when it gets hard.

Sexey's School PE Curriculum Map

Year: 8

Topics and links	Autumn Term		Spring Term		Summer Term	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Hockey (G) and Rugby (B)	Netball (G) and Hockey and Badminton (B)	Rugby and Badminton (G) and Football (B)	Football (G) and Fitness and Basketball (B)	Striking and Fielding (G) and Athletics (B)	Athletics (G) and Striking and Fielding (B)
Co-curricular opportunities and Gatsby (careers) links	Hockey and Rugby Club (6F to assist with club) Badminton Club	Hockey and Rugby Club, Netball shooting club Badminton Club	Netball and Football club Badminton Club	Netball and Football club Badminton Club	Rounders, Cricket and Athletics Club	Rounders, Cricket and Athletics Club
Links with Sexey's Values, our Christian ethos, and spiritual development opportunities	Show honesty and kindness when self/peer assessing	Show empathy to other in colder weather allowing better teamwork	Show courage by pushing self outside comfort zone.	Show courage by pushing self outside comfort zone.	Show resilience in keeping going when it gets hard.	Show respect to all pupils during lessons and house events.

Sexey's School PE Curriculum Map

Year: 9

Topics and links	Autumn Term		Spring Term		Summer Term	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Hockey (G) and Rugby (B)	Netball (G) and Hockey and Personal Survival (B)	Health and fitness; and Badminton (G) and Football (B)	Football (G) and Health and Fitness; and Basketball (B)	Striking and Fielding; and Personal Survival (G) and Athletics (B)	Athletics (G) and Striking and Fielding (B)
Co-curricular opportunities and Gatsby (careers) links	Hockey and Rugby Club (6F to assist with club) Badminton Club	Hockey and Rugby Club, Netball shooting club Badminton Club	Netball and Football club Badminton Club	Netball and Football club Badminton Club	Rounders, Cricket and Athletics Club	Rounders, Cricket and Athletics Club
Links with Sexey's Values, our Christian ethos, and spiritual development opportunities	Show courage to try hard and be fearless in the pursuit of progression	Show respect to self, peers and teachers by ensuring you are organised and try hard in lessons.	Show kindness to peers in lessons by supporting them to succeed. Show kindness to staff throughout.	Show resilience to keep going when it gets tough or something doesn't go to plan.	Show empathy to others when they're pushed out of their comfort zone.	Be honest in the pursuit of success and forgive those who do not always communicate their honesty with kindness .

Sexey's School PE Curriculum Map

Year: 10 Cambridge National

Topics and links	Autumn Term		Spring Term		Summer Term	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Hockey (CG) and Rugby (CB); Fitness (RG) and Badminton/ Basketball (RB)	Rugby/Football (CG) and Badminton/ Basketball (CB); Netball (RG) and Football/Tag Rugby (RB)	Netball (CG) and Football (CB); Badminton (RG) and Fitness (RB)	Option Unit (CG gets SH first refusal)	All girls on Striking and Fielding All boys on Athletics	All boys on Striking and Fielding All girls on Athletics
Co-curricular opportunities and Gatsby (careers) links	Hockey and Rugby Club Badminton Club	Hockey and Rugby Club, Netball shooting club Badminton Club	Netball and Football club Badminton Club	Netball and Football club Badminton Club	Rounders, Cricket and Athletics Club	Rounders, Cricket and Athletics Club
Links with Sexey's Values, our Christian ethos, and spiritual development opportunities	Competitive – Show courage in the pursuit of excellence Recreational group – show courage to persevere when out of comfort zone.	All – Show kindness to self and others to facilitate great teamwork.	Competitive – Show respect to self and others by trying your hardest to put the lessons aim into action. Recreation – Respect yourself by working hard to maintain a healthy body and mind.	All – Show empathy to others to agree on your option and work hard, even if it wasn't your choice.	Be resilient in events that you don't always find are your strengths and be resilient as a team when mistakes are made.	Be resilient in events that you don't always find are your strengths and be resilient as a team when mistakes are made.

Sexey's School PE Curriculum Map

Year: 11

Topics and links	Autumn Term		Spring Term		Summer Term	
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Hockey (CG) and Rugby (CB); Fitness (RG) and Badminton/ Basketball (RB)	Fitness/Football (CG) and Badminton/ Basketball (CB); Netball (RG) and Football (RB)	Netball (CG) and Football (CB); Badminton (RG) and Fitness/Ultimate Frisbee (RB)	Option Unit (CG gets SH first refusal)	Option Unit	Option Unit
Co-curricular opportunities and Gatsby (careers) links	Hockey and Rugby Club Badminton Club	Hockey and Rugby Club, Netball shooting club Badminton Club	Netball and Football club Badminton Club	Netball and Football club Badminton Club	Rounders, Cricket and Athletics Club	Rounders, Cricket and Athletics Club
Links with Sexey's Values, our Christian ethos, and spiritual development opportunities	Competitive – Show courage in the pursuit of excellence Recreational group – show courage to persevere when out of comfort zone.	All – Show kindness to self and others to facilitate great teamwork.	Competitive – Show respect to self and others by trying your hardest to put the lessons aim into action. Recreation – Respect yourself by working hard to maintain a healthy body and mind.	All – Show empathy to others to agree on your option and work hard, even if it wasn't your choice.	Be resilient in events that you don't always find are your strengths and be resilient as a team when mistakes are made.	Be resilient in events that you don't always find are your strengths and be resilient as a team when mistakes are made.