



Breakfast Week 3

| | OPTION 1 | OPTION 2 |
|-----------|---------------------------------------|----------------------------------|
| MONDAY | Scrambled Egg, Baked Beans with Toast | Waffle with Honey |
| TUESDAY | Cheese on Toast | Porridge with Sultanas and Honey |
| WEDNESDAY | Sausage Bap | Toasted Cheese Sandwich |
| THURSDAY | Bacon, Beans and Tater Tots | Croissant with Jam |
| FRIDAY | Bacon Bap | Quorn Sausage Sandwich |
| SATURDAY | In house | In house |
| SUNDAY | In house | In house |

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, and our meat is British Red Tractor accredited wherever possible.

Breakfast Week 2

| | OPTION 1 | OPTION 2 |
|-----------|-------------------------------|--------------------------------------|
| MONDAY | Eggy Bread with Baked Beans | Bacon Sandwich |
| TUESDAY | Sausage, Hash Brown and Beans | Croissant with Strawberry Jam |
| WEDNESDAY | Pancakes with Berries | Veggie Sausage, Hash Brown and Beans |
| THURSDAY | Toasted Crumpets | Baked Beans on Toast |
| FRIDAY | Bacon Turnover | Yoghurt with Fresh Fruit |
| SATURDAY | In house | In house |
| SUNDAY | In house | In house |

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Breakfast Week 1

| | OPTION 1 | OPTION 2 |
|-----------|-------------------------------------|-----------------------|
| MONDAY | Bacon and Cheese Muffin | Pancakes with Berries |
| TUESDAY | Pain au Chocolate | Baked Beans on Toast |
| WEDNESDAY | Bacon Bap | Cheese on Toast |
| THURSDAY | Porridge with Sultanas and Honey | Sausage Bap |
| FRIDAY | Bacon Baked Beans and Scrambled Egg | Croissant with Jam |
| SATURDAY | In house | In house |
| SUNDAY | In house | In house |

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INSPIRED FOOD
mint
 FOR EDUCATION

Dinner Week 1

| | MAIN MEAL | VEGETARIAN | SIDES | DESSERTS |
|-----------|---------------------|------------------------------|--|--------------------------------------|
| MONDAY | Sausage & Mash | Veggie Sausage & Mash | Peas & Baked Beans | Chocolate Shortbread |
| TUESDAY | Chicken Enchilladas | Roasted Vegetable Enchiladas | Potato Wedges Coleslaw Sweetcorn | Cheesecake |
| WEDNESDAY | BBQ Chicken Pizza | Magarita Pizza | Herby Diced Potatoes Salad Bar | Banoffee |
| THURSDAY | Lasagne | Mac 'n' Cheese | Chips & Salad | Chocolate Sponge & Chocolate Custard |
| FRIDAY | Beef Keema | Falafel Wrap | Rice Naan Bread Sweetcorn | Selection Desserts |
| SATURDAY | Loaded Hot Dogs | Pasta Arabiata | Chips Salad Bar | Selection Desserts |
| SUNDAY | Chicken Pie | Vegetable Pie | Roast Potatoes Fresh Veg | Apple Crumble & Custard |

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Dinner Week 2

| | MAIN MEAL | VEGETARIAN | SIDES | DESSERTS |
|-----------|---------------------------|-----------------------------------|---------------------------------|------------------------------------|
| MONDAY | Chicken Chow Mein | Vegetable Chow Mein | Peas & Sweetcorn | Iced Chocolate Sponge |
| TUESDAY | Creamy Chicken Pasta Bake | Cauliflower & Broccoli Pasta Bake | Garlic Bread Salad Bar | Syrup Sponge With Custard |
| WEDNESDAY | Cheese Burger | Veggie Burger | Salad Bar Chips | Oaty Raisin Cookie |
| THURSDAY | Beef Chilli | Roasted Vegetable Chilli | Fluffy Rice Mixed Vegetables | Sticky Toffee Pudding with Custard |
| FRIDAY | Chicken Fajitas | Roasted Vegetable Fajitas | Potato Wedges Asian Slaw | Selection of Desserts |
| SATURDAY | Southern Fried Chicken | Mac N Cheese | Cajun Wedges Coleslaw Sweetcorn | Chocolate Brownie |
| SUNDAY | Cottage Pie | Quorn Mince Cottage Pie | Roast Potatoes Carrots Broccoli | Jam Sponge & Custard |

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INSPIRED FOOD

mint

FOR EDUCATION

Dinner Week 3

| | MAIN MEAL | VEGETARIAN | SIDES | DESSERTS |
|-----------|-------------------------------------|---------------------------------------|--------------------------------------|-------------------------|
| MONDAY | Tomato & Chorizio Pasta | Vegetarian Mince Keema with Rice | Green Beans Sweetcorn | Chocolate Chip Muffin |
| TUESDAY | Chicken Fried Rice with Curry Sauce | Vegetable Fried Rice with Curry Sauce | Peas Nann Bread | Lemon Drizzle Cake |
| WEDNESDAY | Chicken Burger | Bean Burger with Relish | Salad Coleslaw Chips | School Cake |
| THURSDAY | Meatballs in Tomato Sauce | Veggie Meatballs in Tomato Sauce | Broccoli Carrots | Jam Sponge & Custard |
| FRIDAY | Chicken Tandoori Flat Bread | Roasted Veg Pitta | Potato Wedges Salad Bar | Selection Desserts |
| SATURDAY | Spaghetti Bolognese | Quorn Mince Bolognese | Chips Salad Coleslaw Garlic Bread | Iced Chocolate Sponge |
| SUNDAY | Roast Chicken | Cauliflower & Broccoli Bake | Roast Potatoes Carrots & Green Beans | Apple Crumble & Custard |

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