



Supper Week 1

	MAIN MEAL	VEGETARIAN	SIDES	DESSERTS
MONDAY	Homemade Beef Burger	Onion Bhaji Burger	Green Salad, Chips	Banana Cake with Chocolate Sauce
TUESDAY	Chicken Enchiladas	Quorn Chilli	Seasonal Veg, Rice	Drop Pancakes
WEDNESDAY	Spaghetti Bolognese	Broccoli Pasta Bake	Seasonal Veg	Keylime Pie
THURSDAY	Chicken Curry	Spinach & Lentil Curry	Seasonal Veg Rice	Apple Crumble & Ice Cream
FRIDAY	Breaded Fishfingers	Cheese & Tomato Quiche	Chips & Peas	Bakewell Tart
SATURDAY	Korean Chicken Bao Buns	Vegetable Kathi Wrap	Green Salad Rice	Lemon Shortbread
SUNDAY	Italian Meatballs	Penne Arrabiata	Mixed Salad Garlic Bread	Apple Crumble & Custard

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.



Supper Week 2

	MAIN MEAL	VEGETARIAN	SIDES	DESSERTS
MONDAY	Homemade Lamb Burger	Vegetable Burger	Slaw Pototao Wedges	Jam & Coconut Sponge with Ice Cream
TUESDAY	Beef Burritos	Vegetable Quesadillas	Salad	Sticky Toffee Apple
WEDNESDAY	Homemade Beef Lasagne	Mac 'n' Cheese	Roast Potatoes, Carrots, Broccoli	Strawberry Cheesecake
THURSDAY	Chicken Cow Mein	Cauliflower & Potato Curry	Cajun Wedges, Slaw, BBQ Beans	Lemon Drizzle Cake with Ice Cream
FRIDAY	Tuna & Sweetcorn Fishcakes	Roasr Bell Pepper Frittata	Chips, Peas, Baked Beans	Chocolate Brownie with Chocolate Sauce
SATURDAY	Chicken Alfredo	Spaghetti Pomodoro	Salad	Lemon Shortbread
SUNDAY	Chilli Beef Con Carne	Halloumi & Quinoa Flatbreads	Salad	Apple Crumble & Custard

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Supper Week 3

	MAIN MEAL	VEGETARIAN	SIDES	DESSERTS
MONDAY	Turkey Burger	Stuffed Pepper	Seasonal Vegetables, Potato / Rice	Steamed Treacle Sponge & Custard
TUESDAY	Chilli Con Carne	Quorn Chilli Burrito	Salsa, Sour Cream, Rice	Pancake Bar
WEDNESDAY	Chicken & Mushroom Pie	Vegetable Lasagne	Seasonal Vegetables, Potato / Rice	Banoffee Pie
THURSDAY	Sweet & Sour Chicken	Vegetable Stir Fry Noodles	Seasonal Vegetables, Potato / Rice	Apple Turnover with Custard
FRIDAY	Battered Fish	Mushroom Stroganoff	Seasonal Vegetables, Potato / Rice	Ice Cream
SATURDAY	BBQ Chicken Wings	Margherita Pizza	Sweetcorn, Seasoned Potato Wedges	Cheesecake
SUNDAY	Chicken Shawarma Flatbread	Onion Bhaji Flatbread	Rice, Salad	Stic

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