



SEXEY'S
SIXTH

A Handbook for
Sixth Form
September 2023

TERM DATES 2023-24

Autumn Term

Boarders return	Tuesday 5 September 2023	Y7-13
Start of Term	Wednesday 6 September	
Exeat	Friday 22 September, 3.40pm - Sunday 24 September, 6.00pm	
Half Term	Friday 13 October, 12.30pm – Sunday 29 October, 6.00pm	
Inset Day	Friday 17 November	
Exeat	Thursday 16 November, 3.40pm - Sunday 19 November, 6.00pm	
End of Term	Friday 14 December 2023 12.30pm	

Spring Term

Boarders return	Sunday 7 January 2024, 6.00pm
Start of Term	Monday 8 January 2024
Exeat	Friday 26 January, 3.40pm - Sunday 28 January, 6.00pm
Half Term	Friday 9 February, 3.40pm – Sunday 18 February, 6.00pm
Inset Day	Friday 8 March 2024
Exeat	Thursday 7 March, 3.40pm - Sunday 10 March, 6.00pm
End of Term	Thursday 28 March 2024, 12.30pm

Summer Term

Boarders return	Sunday 14 April 2024, 6.00pm
Start of Term	Monday 15 April 2024
Exeat	Friday 3 May 3.40pm – Monday 6 May, 6.00pm
Bank Holiday	Monday 6 May 2024
Half Term	Friday 24 May, 3.40pm - Sunday 2 June, 6.00pm
Exeat	Thursday 28 June, 3.40pm – Monday 1 July, 6.00pm
Inset	Friday 28 June and Monday 1 July Staff Inset Day
End of Term	Friday 17 July 2024, 12.30pm

WELCOME TO SEXEY'S SIXTH FORM

Before starting you will have lots of questions to ask. The answers to some of them are in this booklet. If not - don't be afraid to ask. Don't worry - there will be plenty of people to guide you.

We like students to be busy and get as much as they can out of their time in the Sixth Form. We strongly encourage you to participate in school activities to build confidence and self-esteem. There are so many things going on and we find that the students who put the most in, get the most out in terms of enjoyment, personal development and exam results. We encourage self-responsibility and the skills associated with becoming independent young people.

We look to Sixth Formers to set an example and develop leadership skills by helping to lead activities. Most importantly, we want our students to have fun, achieve, feel comfortable and form friendships that will last their lifetime. Sixth Form students will be given all the support they need to settle into the new routines.

Your 6th Form team includes Mr Moise – Director of 6th Form, Mr McLeish - Head of Year 12/13, and Mrs Crombie – 6th Form Assistant

Student Welfare and Safeguarding

The Sixth Form staff provide a safe, secure environment with clear boundaries in which all students can take pride and feel a sense of belonging. Sexey's School is committed to safeguarding and promoting the welfare of all students with a comprehensive Safeguarding Policy and Child Protection procedures in place. All staff including support staff, supply staff, volunteers and governors are aware of this policy and procedures and share in this commitment. This policy is available to parents and students on the school website.

On occasions, the school has to share welfare concerns with other agencies and work with them to support children. We will ensure that our concerns are discussed with parents/carers first, unless we have reason to believe that doing so would not be in the interest of the student's welfare.

The Tutor System

All Sixth Formers will be allocated a tutor who will be their main point of contact for two years.

Tutors will be kept informed by subject staff as to how you are progressing and will congratulate or cajole as necessary. Parents will be kept informed of your progress and on occasion, it may be necessary to contact home if things are not going to plan. Please ensure you have a Classcharts log-in.

Your Tutor will discuss academic and pastoral matters with you at regular tutor meetings. Please make sure you speak to your tutor if you have any concerns. You will also meet your tutor twice a day to register.

Tutors will guide you through the university application process (UCAS) and will write your references for university and jobs.

You are expected to attend all tutor periods.

Routine

The **timetable** has a two-week cycle – Week A and Week B – of 50 one hour lessons. Each A Level subject has nine lessons per fortnight.

Lessons begin at 8.40am and end at 3.40pm. Break is from 11.05-11.25am. Lunch is from 12.45-1.40pm.

Year 12 & 13 are required to attend **tutor period** every morning at 8.40am. You will be informed who your tutor is and where to meet at the start of term. There is also a PSHE programme for Year 12 and Year 13 Friday, Week A period 4 (subject to timetable changes). All students are required to attend.

All students should spend their **study periods** in the Library or the Sixth Form Centre.

All Year 13 students will be expected to nominate 9 study periods to work in the Sixth Form Centre or the library. Free periods are when additional study, medical appointments or driving should occur.

A double period each week is enrichment afternoon. There is a variety of sports and activities on offer and you are expected to do at least one hour's activity. The sports can vary from team sports to relaxation activities such as Pilates. There will also be the opportunity to create your own club, see Mr Moise for more information.

Sixth Formers may have **lunch** either in the KDR or in the Sixth Form Centre or offsite, as long as they sign out and return on time for afternoon registration or period 4 whichever is 1st.

Work Experience

Increasingly universities and employers are asking for work experience. This year you will complete your work experience over the entire Year 12 period with 2-days needing to be completed by Christmas, 3rd day by February half term and the rest by the summer holiday. More details will follow in September.

Careers

All Year 12 students will have individual careers guidance appointments with our careers advisor, Wendy Watson.

Counselling

Sexey's has Emotional Literacy, Support Assistants (ELSA) who can provide additional support. An appointment can be arranged in the Sixth Form Centre. Please ask for help no matter how small or big the problem may appear. We are here to support you.

Health

We encourage a healthy life style (and a great deal of fun) by providing a wide range of activities and promoting healthy eating. We work with the Health Centre to pay attention to the physical and emotional health of the students.

Sexey's School Health Centre

The Medical Centre is staffed by:

Mrs Mora Sandiford RGN – Health Centre Manager
Mrs Kathy Arnold – Health and Wellbeing Assistant
Counsellor – Mrs Carol Lesley

Nurses are available at all times, but we try to see our patients in our specific clinic times, which are during break time and lunch times follows:

08:00 – 08:40
11:05 – 11:25
12:25 – 13:20

Routine dental and eye examinations should be made in holiday time.

The Health Centre provides:

Advise on general health and wellbeing
Administration of Medications and arranges for repeat prescriptions for Boarding students
Responds to sporting injuries and minor injuries
Provides symptom relief for minor ailments
When appropriate compiles Care Plans for students with long term conditions
Counselling

Hospital referrals are made by GP surgery.

Contraceptive advice is available from the Public Health School Nurse
Routine Immunisations are arranged through Somerset SAINT (School Aged Immunisation Nursing Team)

There is a two dormitory sanatorium for boarders who are unwell and unable to attend school. For students who are anxious or upset we provide a quiet room. When day students are unwell, they are NOT admitted to the wards; Health Centre staff will contact their parents/guardians for them to be collected from school. We are unable to send students home unaccompanied and advise that they are not left alone whilst unwell.

You can contact the Health Centre on 01749 814146 or email healthcentrestaff@sexeyes.somerset.sch.uk

Boarding students need to remember that the “matrons” in each of the Boarding Houses are not medical matrons so students will need to contact the Health Centre regarding any medical matters. This remains confidential.

Where to find us: Next to Cliff Boarding House

What to do if your son/daughter is ill at home (Boarders):

Please do not bring students who are ill back into school since this puts every other student at risk.

Medication:

All medicines must be handed in to the Health Centre.

Absence Procedures for Sixth Form

In order for a student to make maximum academic progress and social and emotional development they should attend school daily. Each day missed results in missed learning opportunities. As a school we set our students the attendance target of 95%, many students exceed this. However, we understand that at times people are ill and unable to attend school. To support you in reporting your son or daughters' absence we have established a number of ways for you to do this. When reporting your son or daughters' absence it is essential that you share with us the following information:-

- **Students name, Students tutor group and Reason for absence**

Please can we ask that you notify us as soon as possible about any absence, before 8:40am using one of the following methods:

- Email us on absence@sexeyes.somerset.sch.uk
- Complete the sickness notification form online using the link <http://www.sexeyes.somerset.sch.uk/parentalinfo/sickness-notification>
- **Call 01749 813393 and press number 1. Please be aware that periods of absence notified via voicemail/phone call must be followed up in writing either by an email or a letter from a parent/guardian on their child's return.** A sickness absence cannot be authorised until an explanatory letter has been received and authorised absence needs to have medical evidence such as a doctor's note.

Signing In and Out of School

It is a legal requirement that we know who is in the school building at all times. Students must make sure that they sign in each time they enter School then sign out each time they leave the School throughout the day. Sixth Form students may sign out at lunchtimes. If any student fails to sign in and out appropriately, or takes advantage of the system in anyway, this arrangement will be retracted and the student will be required to remain in school, all day, every day.

Planned Absences

We ask you to avoid booking medical appointments during the school day, however we are aware that at times this is not possible. For planned absences from school or lessons, such as dental/medical appointments or other legitimate reasons, you should provide an appointment card, letter or signed compliments slip from the dentist/hospital confirming your appointment. If this is not provided, then unfortunately we are unable to authorise the absence.

Driving Lessons

Driving lessons may only be booked in your lunch hour or free periods, not during lesson time or sixth form games. In the event of a student's attendance falling below an acceptable level of 95%, parents will be contacted and in some cases strategies such as an attendance report card will be implemented to support the student.

Health Centre

Students may **not** sign themselves out if they feel unwell. The Health Centre must deem the student unfit to be in School in order to be sent home with illness. Day students may only attend the Health Centre at break time and lunch time, unless it is an emergency or have a known condition. Boarders may go to the Health centre at 8am, break time, lunchtime and after school.

Term time leave

We ask that Parents do not ask for leave during term time. Should leave be required you must seek permission prior to taking the leave. A sixth Form term-time leave application form is available on our website. This should be completed and sent to the Attendance Officer via email on absence@sexeyes.somerset.sch.uk or passed to the school reception. If leave is requested in term time, the school holds the right to not authorise this absence in line with School and Government Policy.

Sixth Form Dress Code

We ask you to take pride in the way you dress for Sixth Form and abide by the Sixth Form Dress Code. The following guidance sets out details of what the school considers to be smart and acceptable dress for Years 12 and 13.

- All students are expected to wear smart 'office-wear' - trousers, skirts, dresses, shirt, jacket and/or smart jumper - tops should not expose shoulders or midriffs.
- Denim jeans are not permitted
- Shorts are only allowed during the Summer Term:
 - Tailored in appearance, such as a chino finish with a hem.
 - No elasticated waists or drawstrings.
 - They should be just above the knee, not halfway up the thigh or below the knee.
 - Swim/Board/Cargo/Lycra/Denim shorts are not acceptable.
- No large, printed t-shirts or sweatshirts or hoodies
- Skirts and dresses should be smart and no shorter than mid-thigh.
- Shoes or boots should be smart and clean. Trainers or walking shoes/boots, crocs and flip-flops are not permitted

Please avoid wearing excessively high heeled shoes or boots to prevent accidents when moving around the school. Flip flops/sliders, walking shoes/boots are not acceptable footwear.

Body Art and Piercings

- Ear piercings and one small nose stud are the only permissible piercings.
- Body art must not be visible.

Generic

- Staff will notify students of the appropriate dress code for school trips
- Protective clothing should be worn when required in practical lessons e.g. DT/Art

Bring Your Own Device

You may bring a lap top/tablet and are welcome to connect to the school system via Wi-Fi in school. Please make sure they are labelled and covered on your parents' house insurance. Headphones **should not** be worn while moving around the School site.

SCHOOL RULES

Most of our rules are about being considerate of the rights, feelings and possessions of the people you are working with - if you manage that then you won't go far wrong. Others are for your safety.

The Governors of the school have adopted a No Smoking Policy on the school campus which applies to staff as well as students. The school is an equal opportunities employer - we will not tolerate behaviour that discriminates against any group.

All conduct which tends to bring discredit upon the School, whether on the school premises or elsewhere, will be treated as a breach of the school rules. When a student's behaviour is causing particular concern, the school will seek to involve the parents at the earliest appropriate time.

And finally...

We look forward to seeing you in September!