

# The Sexeian

Spring 2022

Brought to you by Sexey's  
student magazine team

## OUR SPRING ISSUE

*How to grow your own  
bee friendly garden*

*Delicious Vegan Easter Biscuits*

Plus:

SCHOOL CLUB SPOTLIGHT AND  
WORLD BOOK DAY HIGHLIGHTS





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## Interview

### WELCOME from the editorial team

Hello, we are the editorial team of Sexey's School magazine: Alexis, Lucy and Matilda. Welcome to the latest edition of The Sexeian!

This month, we're featuring some fantastic costumes from World Book Day (we are pictured above!). Have a go at our Easter Quiz and try your hand at making your own bee friendly garden and Vegan Easter Biscuits.

From all of us at the student magazine, we hope you have a great Easter break and we'll be back with more news next term!

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## Features

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# School Club Spotlight



**We spoke with Year 7's Calla S and Sylvie B to find out about their club - KS3 Art Club.**

## **What do you do at your club?**

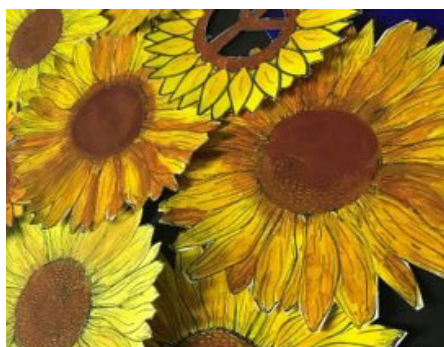
We do different art and photography activities each week. So far, we have looked at light drawing, different painting techniques, reverse colouring and more.

## **What have you learnt or gained from being in the club?**

We have learnt different techniques and more about watercolours and how to use them. We've also learnt how to use different mediums within Art.

## **What do you enjoy most about your club?**

How friendly everyone is in the group, being able to do extra art and that the sessions are fun and relaxing.



## **What made you want to join?**

The prospect of doing more art outside of lessons. Spending time with people who have a similar passion for the subject and also getting the opportunity to do more techniques than you would in lessons so you can be more creative and explore other things.

## **What would you say to students that might want to join?**

Definitely come along because it's really fun. It's nice to have a time out and enjoy a hobby or something you really enjoy doing.



This term, KS3 art club have been creating watercolour biscuit pictures and have explored using oil pastels to create gummy bear studies.

Students have also created a lovely Sunflower display, inspired by Van Gogh's famous Sunflower painting. These were created in support of the war in Ukraine. The sunflower is Ukraine's national flower.



# Vegan Easter Biscuits

These Easter biscuits are a vegan version of a traditional West Country biscuit that is given to guests on Easter Sunday. They are crisp, lightly spiced, studded with currants and very, very moreish!

The traditional version contains egg, butter and milk, but this re-worked Mary Berry recipe is egg and dairy free and is just as delicious.

## Ingredients:

110g vegan butter/margarine (the solid stick kind, NOT spreadable) softened  
80g caster sugar  
finely grated zest of 1 lemon  
1 tbsp cornflour  
½ tsp baking powder  
½ tsp mixed spice (pumpkin spice)  
200 g plain (all-purpose) flour  
70 g currants (raisins or sultanas as an alternative to currents)  
1-2 tbsp non-dairy milk

## Glaze:

2 tsp maple syrup  
3 tsp non-dairy milk  
caster or granulated sugar for sprinkling

## Method:

Preheat the oven to 200C/400F/gas mark 6. Line two baking sheets with baking parchment. Whisk together the vegan butter/margarine, caster sugar and lemon zest until it is smooth and creamy.

Whisk in the cornflour, baking powder and mixed spice (or pumpkin spice).

Add the plain flour and currants and mix everything together with a wooden spoon. Gradually add just enough milk to bring the mixture together into a ball of dough.

Roll the dough out on a lightly floured surface to about 5mm/1/4 inch thick. Use a fluted 6cm round cutter to cut out as many rounds as you can. Bring the scraps together, knead very briefly then re-roll and cut out more biscuits.

Place them spaced apart on the prepared baking sheets and bake for ten minutes. Meanwhile, mix together the maple syrup and milk in a small bowl.

Lightly brush the tops of the biscuits with the maple syrup mixture and sprinkle with caster or granulated sugar then return them to the oven for five minutes until pale golden and cooked through.

Transfer the baked biscuits to a wire rack to cool then store in an airtight container.

# How to grow your own bee friendly garden

by Matlida S

**Spring is on its way and so are the bees!! This year we should start being more bee friendly because after all, they keep us all alive! Here is a guide to make the perfect garden for our busy bees.**



A simple way to build a home for bees is to tie lots of small twigs and leaves together very tightly with string and hanging it off a branch. This doesn't just benefit the bees too; it creates a home for many bugs.

To add to the bug house, you could recycle some old plastic bottles. First cut out some large holes all over the bottle and then fill it with moss, leaves, little sticks, and other natural things you can find. This creates a warm nest for the bugs.

Bees get very thirsty flying around all day so it is always good to have a watering station for them to drink from, you can simply tie an old yogurt pot or bowl to a visible area in your garden e.g., a tree or fence. And fill it with water all the way to the top.

You could also make the bees a super sugary snack for them to feast on when they run out of energy. Fill a jar with half water and half sugar, then take the lid and make some small holes in it. Once the lid is on turn it upside down and rest it between two bricks so the bees can access the holes. They will be able to smell it from a mile away!

Top 10 bee friendly plants:

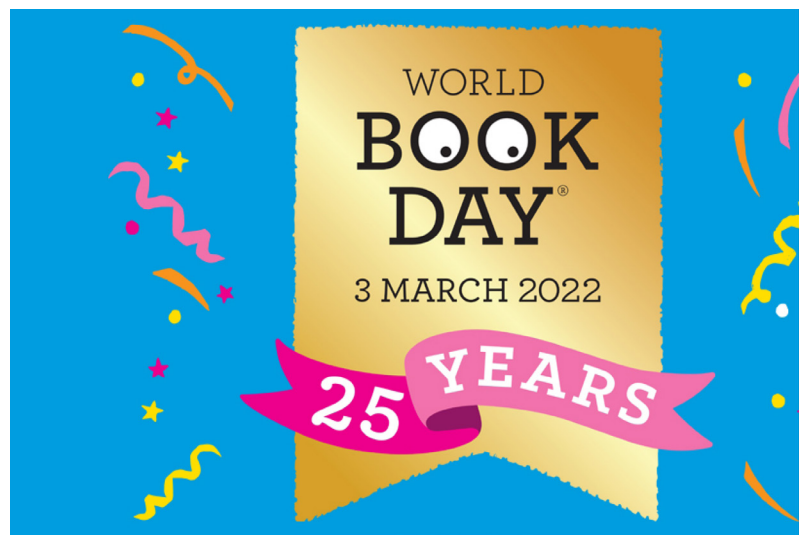
- Lavender (this also benefits our health!)
- Poppy
- Foxglove (do not eat them! Also, best to plant them in autumn)
- Sunflowers
- Mint (makes great tea which benefits our health)
- Crocus (also best planted in autumn)
- Rosemary (good to cook with and good for our health)
- Cosmos
- Thyme (good to cook with and good for our health)
- Geranium
- Monarda (also known as bee balm)





# World Book Day 2022

by Alexis T



## What is world book day?

World book day is a charity event held annually in the United Kingdom and Ireland on the first Thursday in March. On world book day, every child in full time education in the UK is given a voucher to be spent on books; the event was first celebrated in the UK in 1995.

## Why is reading important?

Reading helps to expand and give us more ideas. Reading has been proven to keep our minds young, healthy and sharp, with studies showing that reading can even help prevent Alzheimer's disease.

Our teachers and students really went all out with their costumes this year! Here are some below:



# Book Reviews

This month Alexis and Malida have chosen books about love and friendship. Love isn't always about romance and these books represent the need for a healthy relationship and the importance of friendship. If you would like to read either of these books, both are available from the library.

## P.S- I still love you- Jenny Han by Alexis

Personally, I found this book really emotional and heart-warming.

The main character is a girl called Lara Jean, and she has to learn to have a healthy relationship, until another boy from her past comes back into her life- and her feelings return for him too.

I totally recommend this book and is a great, interesting read!

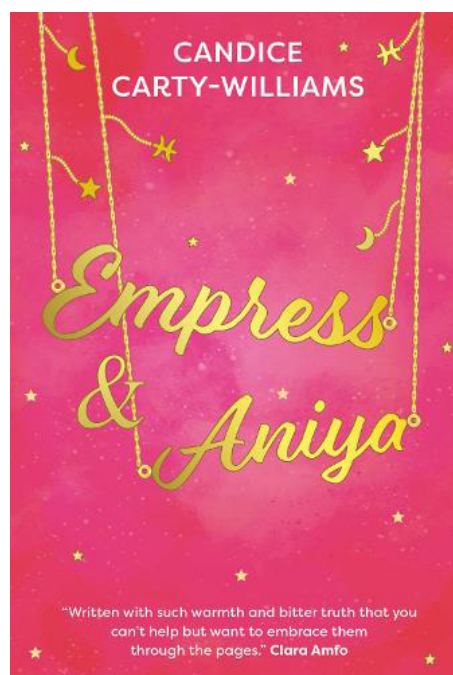


## Empress & Aniya- Candice Carty-Williams by Matilda

This story is about two girls who don't exactly like each other, but later they realise that friendship is the most important thing.

Empress got a scholarship at a posh private school where she meets Aniya. They are quite prejudiced of each other at first because they both come from very different backgrounds.

This book is one of the best books I have ever read. It was so genuine and heartfelt, and the character development was great because you were always finding out new things about them. It is full of emotion, in some places I wanted to cry but in others it was funny and exciting. Also, the ending was brilliant! Overall, I give this book a 5/5!





# Easter Quiz

Have a go at our fun Easter Quiz and see how many questions you can guess correctly! Answers at the bottom (no cheating!).

1. Which headwear item is particularly associated with Easter parades?
2. What day of the week is Easter traditionally celebrated on?
3. In which country did the Easter bunny originate?
4. Easter Island forms part of which South American country?
5. What name is given to the Sunday before Easter?
6. How many cream eggs does Cadbury sell each year – 200, 250 or 300 million?
7. Which fruit is traditionally seen in a hot cross bun?
8. Which Disney film does the rabbit Thumper appear in?
9. Who wrote The Tale of Peter Rabbit?
10. What item does the white rabbit in Alice In Wonderland always carry with him?

## Happy Easter



Answers – 1. Bonnet 2. Sunday 3. Germany 4. Chile 5. Palm Sunday 6. 200 million 7. Raisins 8. Bambi 9. Beatrix Potter 10. Pocket Watch