

Cole Road,  
Bruton,  
Somerset BA10 0DF  
United Kingdom

Telephone 01749 813393  
Email [info@sexeys.somerset.sch.uk](mailto:info@sexeys.somerset.sch.uk)  
[sexeys.somerset.sch.uk](http://sexeys.somerset.sch.uk)



# SEXEY'S SCHOOL

Headteacher: Mrs Helen Cullen BSc (Hons)

*Working together with a determination  
to be exceptional in all that we do*

14 February 2022

Dear Parents

## **PSHRE at Sexey's – Year 10**

As you are aware students have one PSHRE lesson a fortnight, within PSHRE we cover a range of themes including Health and Wellbeing, Life Beyond School, Relationships and Sex Education and Rights, Responsibilities and British Values. This lesson is taught by Form Tutors due to their strong relationship with the students and at times the sensitive nature of some of the topics. Below you will find the topics taught to Year 10.

### **Health and Wellbeing**

- Life cancer prevention and healthy lifestyles
- HBT - bullying in all its forms
- Body confidence – What is a penis? What is a vulva?
- Child Sexual Abuse (CSE)

### **Life Beyond School**

- Anger management
- Targeted advertising - online
- Marriage - What is it? (Forced Marriage)

### **Relationships and Sex Education**

- Contraception - condom lesson\*
- HIV and AIDS - discrimination and prejudice
- Delaying sexual activity\*
- Pleasure and masturbation\*
- Sexual harassment and stalking
- Treating STI's & clinics
- What are STI's? (main types)
- Sexting 'Nudes and Dick Picks'
- Sexualisation of the media
- Unhealthy relationships, sexual assault and rape

### **Rights, Responsibilities and British Values**

- Anti- Semitism

### **Staying Safe Online and Offline**

- Forced marriage, breast Ironing and flattening
- Honour based violence



*A Church of England, state boarding and day school for 11-18*

Cole Road,  
Bruton,  
Somerset BA10 0DF  
United Kingdom

Telephone 01749 813393  
Email [info@sexseys.somerset.sch.uk](mailto:info@sexseys.somerset.sch.uk)  
[sexseys.somerset.sch.uk](http://sexseys.somerset.sch.uk)



# SEXEY'S

## SCHOOL

Headteacher: Mrs Helen Cullen BSc (Hons)

*Working together with a determination  
to be exceptional in all that we do*

- Keeping your data safe (social networks)
- Modern day slavery

As you will be aware as a Parent you can withdraw your son or daughter from Sex Education, however they are required to remain part of Relationship Education. Should you wish to withdraw your son or daughter from Sex Education lessons identified with a \* above please contact your son or daughter Head of Year by email.

Should you wish to look at the topics and themes studied in other year groups you will find this on our website using the following link [here](#).

Mr Clackson is the Senior Leadership Lead for PSHRE supported by the Head of Year Team, should you wish to discuss PSHRE with Mr Clackson please do not hesitate to contact him.

Kind regards

Mrs H Cullen  
Headteacher



*A Church of England, state boarding and day school for 11-18*