



SEXEY'S
SCHOOL

DIABETES POLICY

2021/22

Signed:

A handwritten signature in black ink, appearing to read 'H. Llewellyn', written in a cursive style.

Headteacher

SCHOOL ETHOS AND VALUES

Our Christian values are at the heart of the ethos of the school and through these we grow individually and as a community. The Story of the Good Samaritan underpins our 7 core values of:

- Honesty
- Forgiveness
- Empathy
- Courage
- Resilience
- Kindness
- Respect

These core values underpin our policies, procedures and the way we treat one another in our community.

1) POLICY STATEMENT

- Sexey's School is an inclusive community that aims to support pupils with diabetes, ensuring they participate fully in all aspects of school life.
- It recognises that diabetes is a long term medical condition where the amount of glucose in the blood is too high because the body is unable to use it properly
- Sexey's School is aware that diabetic pupils need immediate access to their medicine, monitoring devices and hypo packs all times and therefore appropriate steps are taken to ensure easy access to these items
- All staff are aware of what to do if a diabetic pupil becomes unwell
- Sexey's Staff understand that pupils with diabetes may be embarrassed about their condition and may suffer bullying because of it. Procedures are in place to prevent this
- will work in partnership with other stakeholders, such as medical professionals, parents, pupils, etc to ensure this policy is planned, implemented and maintained successfully

2) DIABETES MEDICATION

2.1 Storage

Sexey's School has a comprehensive *Administration of Medicines Policy* which covers all aspects of medicine storage, administration and monitoring and should be read in conjunction with this policy

It may be necessary for insulin to be stored in a fridge. Therefore the school will ensure that diabetic students and staff have easy access to a controlled medical fridge specifically for this purpose

Pupils are advised to carry their insulin with them at all times, within appropriate storage devices. Most students now have insulin pumps and do not require to carry insulin or needles. If required insulin cartridges and pens can be stored in the Health Centre. Most pupils have Blood sugar scanning devices attached to their arm linked by Blue Tooth to their phone. All diabetic pupils must be allowed access to their phones at all times to allow them to check their blood sugar levels. They must also be allowed to carry their Blood Monitoring machine at all times.



2.2 Administration

Any oral medication is either kept in the Health Centre as per *Sexeys Policy* or if the pupil has been assessed as competent by a member of the medical team and completed a self-medication form the pupil can administer their own medication.

In most cases Diabetic Students will administer their own medication, any student who requires support with this will attend the Medical Centre

Medication only to be given to person named on prescription.

2.3 Off Site

Diabetes should not prevent a pupil from going on school trips or residential. Careful planning is essential and the Trip Leader should liaise with the students and parents and Health Centre prior to the trip.

Staff must ensure that they have completed a Risk Assessment before any student is taken off site. Each Diabetic student should only leave the school site once the Trip leader has accessed and retained a copy of their individual care plan and has checked that all control measures are in place (e.g. medications, blood glucose monitoring equipment etc)

2.4 Supplies

Pupils are advised to ensure they have adequate supplies of their medication. It is the pupil's responsibility to ensure their insulin is in date. Spares can be kept in the Health Centre

2.5 Sharps

Diabetic medication and monitoring necessitates the need for the use of Sharps. All Sharps should be disposed of following the schools sharps policy.

3) RECORD KEEPING AND CARE PLANNING

When a pupil starts at Sexey's School a diagnosis of diabetes is usually identified on the Health History Form which is completed by a parent/guardian prior to arrival. It is important that Parents keep the school and the Medical Centre informed of any changes to the pupils' care.

The Health Centre staff/ SENCO will contact the student's parents and Specialist (Team) as soon as they are alerted to the condition (i.e.: pre admission) so that liaison and meetings can take place as soon as possible.

3.1 Care Plan

A Care Plan is devised and agreed, usually by the diabetic liaison nurse, a copy is kept on the student's records.

The Individual Care Plan should describe the responsibility of all parties, address the pupil's specific needs and provide clear instructions for ongoing and emergency care.

It should be regularly reviewed and updated

4) EXERCISE AND ACTIVITY

Pupils are encouraged to manage their diabetes to enable them to be involved in all school activities.

Pupils must have access to medication and hypo packs during times of activity.

It is important to recognise it is potentially just as dangerous to exercise with glucose levels TOO HIGH as low, and should be checked by the student as they have been instructed by their diabetic nurse and pupils should check their blood glucose level before exercising

Staff should all know of any diabetic pupils they teach and should ensure that they have a working knowledge of their care plans. All P.E. staff and first aiders will have been asked to complete appropriate diabetic training.

Any member of staff can ask for diabetes training through the Nurse or via the Medical Centre.

5) SCHOOL ENVIRONMENT

Sexey's School does all it can to ensure the school is favourable to pupils with diabetes.

6) ROLES AND RESPONSIBILITIES

Sexey's School works in partnership with all relevant and interested parties including, all Staff, Parents, Pupils and the Health Centre Staff to ensure the policy is planned, implemented and successfully maintained

6.1 School Staff

All school staff has a responsibility to:

- Understand Sexey's School Diabetes Policy
 - Know which pupils they come into contact with have Diabetes
 - Know what to do should a diabetic student become unwell
 - Allow pupils with diabetes immediate access to their required medication/treatment
 - Inform Health Centre immediately if a pupil is unwell
 - Ensure diabetic pupils have their medication/treatment with them
 - Allow pupils who have been unwell time to catch up on missed work
 - Advise a pupil to seek advice from Health Centre if symptoms cause tiredness or interfere with their work
 - Liaise with Health Centre and House if a pupil is falling behind on work due to becoming unwell.
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6.2 Medical Professionals

The Medical Professionals have a responsibility to:

- Monitor, treat and educate.
- Develop/update/review individual diabetes care plans and share with parents, pupil and school staff . If boarders and school are required to order their medication from the GP it will be done when needed and stocks are kept at a appropriate level
- To devise/update as necessary the school Diabetes Policy. Offer training to staff as required.
- Provide medical assistance
- Ensure pupils with diabetes know when they need to seek medical help with managing their condition

6.3 Parents

Parents have a responsibility to:

- Inform the school if a diabetes diagnosis has been made and what medication is taken as soon as possible and with adequate information
 - Inform the Health Centre of any changes to treatment plan or any problems with diabetes when pupil not at school
 - Update the school after any Consultant/Hospital visits
 - Ensure pupil has medication if it is required to be kept in the Health Centre. If a boarder the Health Centre will liaise with the GP and parents regarding medication
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