



If you have the materials **make a model** of something historical. It could be what you have studied in class or from a period of history that interests you. It could be a place, building, artefact, person, item of clothing, anything!

A variant on making a model – if you have the ingredients make an accurate historical **model out of food**. Here is a chocolate cake WW1 trench.



We are living through historic times. In the 1660's Samuel Pepys kept a diary which has become very famous. Try **keeping your own diary** recording life in your home, online school and the news.



**Create a document from history**. It could be an actual document you recreate or make up a letter, diary or poster in the style of a famous historical character. Get busy with a damp tea bag and age the page (before writing on it).



Design and **make a historical board game** and then play it with your family. It could be Spanish Armada Snakes and Ladders or Henry VIII and his 6 Wives Cluedo, anything you want based on history. It could even be a different game, what about Kings and Queens skittles or a game of historical bingo?

When you go on your allotted daily exercise with an adult look for the history around you and **make a historical trail**. Look for buildings and objects from different historical periods such as churches, old telephone boxes or post boxes with GR on the front (what does that mean?). You can produce a written guide, a map, poster or leaflet. Try to give some information about each feature.



This might sound a bit gruesome, but whilst you are out with an adult on your daily exercise **pop into a graveyard**. Take time to look at the information on the stones and set yourself a challenge; find a birth/death from every decade in a century, find the oldest grave, do the grave stones change over time? Which is the most ornate? Are there any soldiers or war graves, maybe a war memorial? Record what you find.



## DITCH THE SCREEN

### Here are 14 historical activities that will help you cut down on your screen time. Get creative whilst learning.

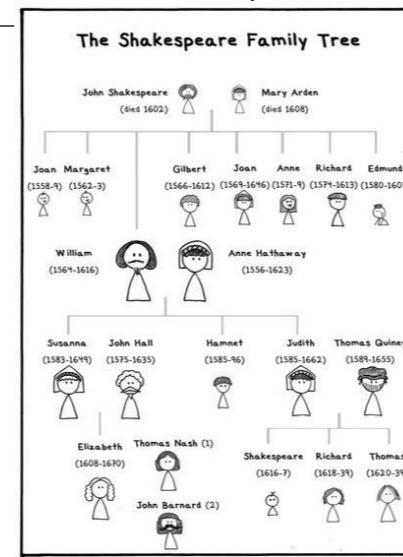
These activities have been designed to get you away from your screens. Choose which ones you would like to do. Some may give you a website for instructions, but when you get started you can put the screen to one side. Make sure you share your creations with your history teacher so that we can marvel at your talent!



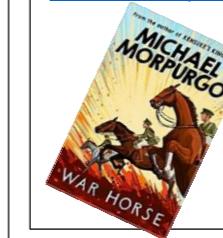
A really important way of finding out about the past is through **oral history** – that means talking to people and interviewing them. Why not interview one of your parents or grandparents about their life. Many of them will have fascinating stories to tell. Make sure you stay social distanced and use the phone to interview family members outside of your house. Write up your findings as a family history or a giant timeline of events in your family. Make sure you share with a parent what you intend to do.

Many people enjoy tracing their family tree. Why not **research your family tree BY TALKING** to members of your family.

Check with your parents and follow social distancing. It is great to chat to grandparents on the phone about your family tree. Record your findings, the picture below will show you how.



**Spend the day as a character from history**. Research the character, preferably by reading a book. Try to dress, walk, talk and act like this character for the day. Challenge your family to guess who you are. (Remember: choose a positive person, somebody who was a good example and who's behaviour made other people feel good – No Hitlers!!)



Or, write a play, poetry or music with a historical theme.

Recreate the tastes and smells of the past by doing some **historical cooking**. Make sure you've checked with an adult first. Here are some links to recipes on the web, the WW2 recipes use fewer ingredients, ideal when we make less trips to the supermarket!

<https://the1940sexperiment.com/100-wartime-recipes/>

<http://cookit.e2bn.org/historyCookbook/> (scroll down the page for the recipes and instructions)



Take your cooking one step further, invite the rest of the house and have a **themed banquet** or **historical dinner party**! You could make food from one period of history or travel through time with different courses. Why not dress the part or persuade the guests in your bubble to be dressed and behave like famous historical characters.

Follow this link for ideas:

[https://downloads.bbc.co.uk/history/handsonhistory/HOH\\_Feastings\\_activities.pdf](https://downloads.bbc.co.uk/history/handsonhistory/HOH_Feastings_activities.pdf)



**Historical Art** - Historians find out so much about the past through art. Why not create your own painting or drawing. You choose your favourite medium, then the topic from history you would like portray.